

HIGHFIELD RESIDENTS' ASSOCIATION

Update: Thursday 15 October 2020, our twenty-first Update

Do we have your up-to-date email address? If not, please email us on hracttee@gmail.com to ensure you receive the Zoom invitation to the AGM, and other HRA communications.

AGM Reminder: to be held by Zoom on Tuesday 3 November, 7.30-8.45 (latest). Members on our email circulation list will receive the Zoom invitation for the AGM on Friday 30 October, and a reminder on Monday 2 November. For help between 26th and 30th October on setting up and using Zoom for the AGM please contact John Nealon on hra.website@gmail.com

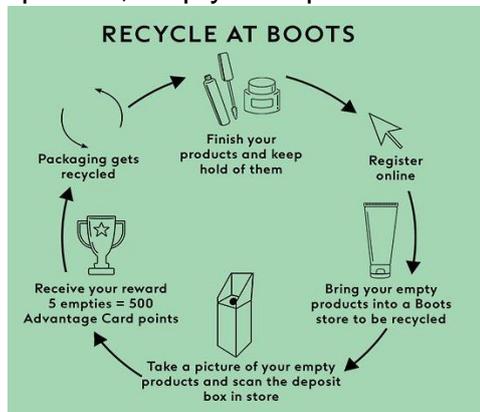
Lime Walk planters: What joy they bring!

With grateful thanks to the Garden Group for planting seeds, rearing seedlings, weeding, dead-heading, watering and changing the displays throughout the seasons.



Looking after our Streets: If you have concerns about our streets, and pavements, whether the problem is litter, fly-tipping, discarded needles and syringes, graffiti, blocked drains, or other, the people to contact are Streetscene at: streetscene@oxford.gov.uk or 01865 249811 Mon-Fri 8-5, remembering also HRActtee@gmail.com for entries in the Incident Book.

Boots' sustainability scheme rewarding customers for recycling their empties: Boots Advantage Cards holders who have downloaded the app and scanned in five empty products to one of the in-store recycling bins, receive 500 Boots Advantage Card points, worth £5. The Cornmarket branch is among the 50 branches operating this scheme, encouraging people to hand in empty beauty and dental products -old mascaras and finished lipsticks, empty toothpaste tubes and vitamin pots, regardless of brand or where bought.



Items handed in are taken to ReWorKed to be washed and sorted, ready for recycling into new usable products as far as possible. Any remaining multi-material items are recycled into Stormboard, a composite construction board, similar to ply-wood, which has many different uses. Nothing goes to landfill or is incinerated. After using the scheme, customers can log into their Advantage account to see how much they've deposited and how many empties have been recycled collectively. NB Card Points thus earned are capped at 500 per day regardless of how many products are deposited. For health

and safety reasons some products are excluded, among them aerosol cans, perfume bottles, razors, disposable masks, gloves and visors. Go to: <https://www.boots.com/boots-recycling-scheme> or <https://www.boots-uk.com/our-stories/boots-launches-new-sustainability-scheme-rewarding-customers-for-recycling-their-empties>

Brookes University marks the Decade of Healthy Ageing: A month of free lunchtime seminars, workshops and talks (Nov 2-30) illustrates the breadth and depth of action that we can take as individuals, employers, professionals and researchers; it showcases leading edge research, exploring policy challenges and providing us with advice and tips about how to age healthily.

[The programme](#) covers everything from exercise, alcohol and nutrition, to the design of buildings, transport systems and towns; it considers the role of employers and how to live well with dementia or a cancer diagnosis. Contributors, include local, national and international partners such as Sir Muir Gray, Professor Judy Phillips and Professor Dame Louise Robinson. The programme's four themes are:

- **Our Decade of Healthy Ageing:** Visions and future priorities
- **Ageing Well:** Physical exercise, nutrition and alcohol moderation, living with dementia and cancer survivorship
- **Homes and neighbourhoods for healthy ageing:** The design of age-friendly housing, neighbourhoods and cities.
- **Work and ageing:** The role of the employer and employee

To see the [full programme and book, visit our webpage](#).

General enquiries: healthyageing@brookes.ac.uk

Sunflower competition, the winners are.... It's been wonderful to see the sunflowers that residents have planted and nurtured throughout the season, some flowering earlier in the summer, others only just reaching that stage. The ultimate giant measured in at an incredible 3.15m in Latimer Rd, next came 2.79m in Old Rd, followed by Lime Walk's front garden wonder, resplendent from afar, measuring in at 2.51m. Thank you to all who took part, and let's have even more sunflowers in 2021.

Looking for some sparkle in the darker days? Watch out for Oxford Lightfest at <https://www.oxlightfest.com/> The HRA Events Group is meeting soon to discuss events including participating in the Lightfest. Headington Action will encourage residents' associations to join in.

Security: With dusk falling earlier, we are encouraged to tighten up on security. There have been various incidents in the vicinity recently. If you are aware of suspicious or criminal activity please help the police do their job by reporting it. If you know of incidents occurring in Highfield, remember that HRA likes to keep a record in the Incident Book, including Police Reference Number if applicable, so please send details to HRActtee@gmail.com



Headington News website:

<http://www.headington.org.uk/news/items/coronavirus.html>

HRA Addresses:

HRA Chair:

hrachair@gmail.com

HRA Admin:

hracttee@gmail.com

HRA Webmaster

hra.website@gmail.com

HRA Website

<https://highfieldresidents.weebly.com>

Useful contacts for people seeking information or help outside the HRA area:

Local data on Covid-19

<https://www.oxfordshire.gov.uk/council/coronavirus-covid-19/controlling-local-coronavirus-outbreaks/stopping-spread>

Oxford Hub: <https://www.oxfordhub.org/>

The City Council provides a single point of contact for people to ask for the extra help they may need as a result of Covid-19: [oxford.gov.uk/CommunityAssistance](https://www.oxford.gov.uk/CommunityAssistance) or 01865 249 811

Disclaimer: The information we give each week is, as far as we can tell, correct at the time of circulation but be aware that it can change. NB As previously mentioned, with the easing of lockdown Update is being circulated less frequently, until it ceases all together. This may turn out to be our last edition, depending on developments.